

Massage Workshop Course

2020 Workshop Start Date(s):

January 20 – February 10

February 24 – March 23

April 6 – May 4

May 18 – June 12

July 20 – August 17

August 31 – September 28

October 5 – October 30

Workshop Fee \$1500++

Non-refundable \$100* registration fee.

* Balance of \$1400 due on or before first class.

Non-refundable \$100* registration fee covers supplies required for class.

++Payment plan available

Workshop and Course Content

By the end of this workshop, we will have covered:

- **Anatomy/Physiology and structural kinesiology (50 hours)** Introduction to the human body, the chemical level of organization, cell, tissues, the integumentary system, skeletal system, joints, muscles, the nervous system, the spinal cord, the brain, the automatic system, the endocrine system, the cardiovascular system, the digestive system, metabolism, the urinary system, and the reproductive system. Course text: The Human Body in Health & Disease Gary A. Thibodeau & Kevin T. Patton

- **Theory and Demonstration of Massage Therapy (100 hours) consists of the following** - Massage history and theory, general benefits of massage, hygiene, sanitation, the proper procedure in massaging (concerning the protection of both client and massage therapist), standards of practice, ethics, body mechanics, draping/positioning, specific massage strokes, assessment of client's condition(s) and the general technique to be applied, contraindications of massage for specific techniques according to conditions, technique for specific conditions, full body (Swedish) massage, and record keeping. Course text: Mosby's Fundamentals of Therapeutic Massage by Sandy Fritz

Ion Wellness LLC

Massage therapy is one of the few professions that allow you to truly make a difference in your own life and the lives of others every day. It is also a very flexible career that you can feel passionate about while making a good income.

Here at Ion, we want to ensure that workshop attendees are informed of the various pathways of training towards qualification for licensure. This disclosure is to avoid confusion that may include misleading information such as, name of workshop that could imply approval by the Department of Education ("DOE"). The separate pathways are identified below:

- Workshop training is a pathway toward partial qualification for licensure and is limited only to the academic course of study and not the practical/clinical training. (Ion offers you apprenticeship in our clinic)

Institutional education from a DOE licensed school is another pathway. DOE school license requirements include general financial stability, adequacy of facility and equipment, preparation of school brochures and catalogs, surety bond requirements, fitness of school principal to operate a school, and may include a school inspection among other things.



Ion Wellness

MESSAGE WORKSHOP BROCHURE

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